Social and Community Participation

At Nliven Health Care, we offer a range of activities designed to help you explore new experiences, engage with your community, and develop meaningful connections. Whether you're looking to try something fresh or rediscover old hobbies, we aim to create a comfortable and inclusive environment where you can enjoy yourself at your own pace.

Our program goes beyond just providing activities; it's about fostering a sense of belonging and helping you feel connected to the world around you. We work closely with you to identify opportunities that align with your hobbies, passions, and social aspirations. Our goal is to assist you in gaining independence by helping you develop the confidence to access and navigate various community programs and systems. We're here to guide you as you become more self-reliant and comfortable engaging with the resources available to you

Attend Personal Development Courses

- Join a social Group
- Take for an outing or a Holiday
- · Go on a Holiday Camp
- Visit your Local Library/Beach/Parks

Watch a Movie or a Concert



Assisted Daily Living

Nliven Health Care is dedicated to providing a unique household service tailored to meet individual needs. These supports are provided to help you to live as independently as possible at home and in the community. This may include in your own home, living on your own or in a shared living arrangement such as supported independent living.

- Help with getting ready for the day (such as showering, dressing etc.)
- Assistance with eating and drinking
- Maintaining personal hygiene, including showering, bathing, hair washing and drying, fingernail and toenail cutting and cleaning
- Support to get out and about in the community including driving to places or accompanying on public transport
- Household chores such as cleaning or linen service
- Basic yard work lawn mowing or gardening
- Food preparation and meals, or the costs associated with meal delivery
- Assistance getting to appointments.



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Nliven Health Care Pvty Ltd Sunshine Coast

Nliven Health Care is highly reliable and trustworthy NDIS Service Provider run by highly experienced RNs in Sunshine Coast, providing excellent support solutions to participants who are in need.

We provide supported housing, transition accommodation, complex care services and outreach support. We have a variety of services and levels of care, each unique and individual, just like the needs of our participants.

Your program is developed by experts/clinicians in Nliven Health Care through a wealth of knowledge and experience and delivered through qualified support workers and other staff.

We are committed to meeting all of your health needs and go above and beyond to ensure you get the best care available.

Our philosophy

Nliven Health Care seeks to integrate health and social care, beyond traditional health care services to create a more satisfying and fulfilling life.

Our Mission

Nliven Health Care's mission is to enliven people with disabilities to discover, develop and demonstrate full their potential. We believe in fostering independence through encouragement, guidance, and capacity building. We seek to provide a quality, safe and accessible family-friendly environment and focus on meeting the individual needs of our Participants. We seek to provide community development activities focused on inclusion.

Our Values

Nliven Health Care is established to provide trusted, tailored services to people who live with a disability. We deliver our support with honesty, transparency and accountability in our work. We maintain quality in all services that we offer while minimising risks. At Nliven Health Care, we focus on giving your own choice and complete control over what services you need for your personal care and how you want it

Our Team

Our team are highly skilled in providing a diverse range of care services within the broader community.

Supported Independent Living (SIL)

Nliven Health Care stands out as a top Supported Independent Living (SIL) NDIS provider in Sunshine Coast, boasting a dedicated team of support workers. Our comprehensive supported independent living package covers accommodation, meals, personal care, transportation, medication, and more, fostering autonomy alongside essential support. Embrace community engagement, maintain relationships, enjoy pet companionship, and adhere to dietary preferences with our tailored support plan.

NDIS supported independent living providers encompass:

Household management tasks such as cleaning, cooking, shopping, and more.

Support for personal needs including showering, meal preparation, medication management, etc.

Assistance in planning activities to facilitate goal achievement.

Respite Accommodation (STL)

Nliven Health Care committed to deliver Respite Care services of the highest quality, ensuring that participants receive the assistance and downtime they need to rejuvenate. Our respite accommodation allows caregivers to connect with their families, prioritize their health, or take a much-needed break from their caregiving responsibilities, which can be quite challenging. Nliven Health Care provides 24/7 respite accommodation.

Respite accommodation we offers;

- Short term respite care
- Long term respite care



High Complex Care Nursing and Community Nursing

Nliven Health Care provides high-quality, personalized, and affordable community nursing services in the comfort of your home. We aim to promote wellness and support a healthier lifestyle, working closely with your family and friends to deliver prompt NDIS community nursing services.

Our High Complex Care Nursing Services encompass a wide range of specialized care options tailored to meet your unique needs. Whether you require assistance with health assessments, medication administration, or managing complex health conditions, our skilled nursing team is here to help every step of the way.

Services offered by Nliven Health Care's Community Nursing include:

- Catheter Care and Assessment
- Stoma Care
- Medication Administration
- Subcutaneous/Intramuscular Injections
- Diabetic Care
- Continence Assessment
- Enteral Feeding and Management
- Severe Dysphagia Management
- Tracheostomy Management
- Complex Bowel Care